

SURGICAL SPECIALIST OF PLANO
4001 W. 15TH, SUITE 180
PLANO, TEXAS 75093
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LIPOMAS OR MASSES

POST OPERATIVE INSTRUCTIONS

1. Resume a regular diet the morning following surgery.
2. You may be up and about as needed. Stay within your limits of tolerance and try not to do too much too fast.
3. After 48 hours, you may remove the surgical bandage and resume bathing. Blot dry and cover if needed. If Steri-Strip skin tapes are placed, do not remove.
4. If there are stitches, call the office for a follow up appointment to be seen in 7 to 10 days if one has not already been made for you.

If you have any questions please call the office at 972-596-5225.