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**LIGATION AND DIVISION
VARICOSE VEIN SURGERY**

POST-OPERATIVE INSTRUCTIONS

- 1. You may resume a regular diet the evening of surgery.**
- 2. Rest easily at home for the first 48 hours. You may be up and about within your own tolerance limits. No prolonged standing during the first 48 hours after surgery. Please keep your bandage dry.**
- 3. Keep your leg elevated as much as possible; this will keep swelling to a minimum during this early post-op period.**
- 4. Take your pain medication if necessary, or you may switch to Tylenol or Advil. Please do not take any aspirin.**
- 5. You will return to the office about 3 days after surgery. At this time the surgical bandage will be removed and your leg will be examined by the doctor. You can then resume normal bathing. Care of incisions and sutures (if any) will be discussed at this visit also.**

If you have any questions, please call the office at (972) 596-5225